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How To Stop Gambling Now



Synopsis

How to Stop Gambling NowAn Insight into the Gambler's MindBy Sidney Harris Gambling industry insider Sidney Harris explains, in the simplest terms, the mathematical illusions and perverse psychology casinos and bookmakers have foisted on the gambler for decades. This book will return to reality the gambler who has become addicted and the gambler on their way to becoming addicted. The effects are immediate; this book will stop faulty thinking and remove confusion. The unique subliminal content of this book ensures that no effort is needed on the part of the reader to make the necessary changes. This book will prove categorically to the addicted gambler that there is absolutely no chance of winning. The rewards they seek are a myth propagated by the gambling industry. Once they absorb the cold realisation that there is no possible reward, even the most hardened gambler will call it a day. Gambling is about money far more than it is about compulsion; remove money from the equation and the party is over. To turn wanting money into a psychological disorder needing long term treatment cannot be justified. Only those who want money to supply long term treatment will defend and justify this. Given the right information the mind cures itself. This book delivers the right information then helps the addicted gambler to get through the anger and self recrimination; they can then use their new found enlightenment to reclaim their life. "Sidney Harris pulls no punches". Joe Conboys, Raceform Update. "Sidney Harris is the only judge I listen to". Mark Winstanley, Sporting Life. "Harris clearly knows the game inside out". John O'Hara, Racing Post Weekender. "Sidney Harris pushes points, where they need to be pushed and the bookmakers will not be overjoyed for him doing so". Mark J Polglasse. U.K. Racehorse Trainer.

Book Information

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Customer Reviews

I don't see how this has helped me because I still have this uncontrolled urge to gamble. I think it might help better if the first thing a person does when they realize they have a problem with gambling is to ban themselves from their favorite casino. That's what I'm doing and re-reading the book and go from there. It's just really hard when there's a casino a mile away. (Indian Casino)

Thank you. So. Much. I. Feel. So. Much. Better. For. Reading. Your. E book. I. Have. Decided. To. Quit. Playing. Poker. Machines. It. Is. Sooooo. Much. Illusion. And. A. Complete. Waste. Of. valuable. Time. Money. And. Energy. I've. Finally. Had. Enough. Thanks. Again Kerry Australia

He got into subliminal messages by using flash cards to stop gambling. I like how he says that we will lose more than money. A lot of ones. This is true.

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Gambling: Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction, Gambling, Compulsive Gambling, Roulette, Gambling Systems) The Gambling Addiction Recovery Workbook: Written by a Former Gambler (Gambling Addiction Cure, Compulsive Gambling, Problem Gambling, Gambling Stories) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Gambling: Just Stop Pressing The Button: The Truth Behind our Gambling Addiction - What Most People Do Not Understand And How You Stop Gambling Away Your Life Gambling Addiction Cure: How to Overcome Gambling Addiction and Stop Compulsive Gambling for Life The Ultimate Gambling Addiction Help Guide: How to Overcome a Gambling Addiction and Problem Gambling Once and for All Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Stop

Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Gambling Addiction: One Last Game!: How To Stop Gambling And Finally Get Your Life Back Living in The Now in Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Meister Eckhart and more!): 7 Lessons & Exercises to Stop Your ... Live in the Now (The Secret of Now Book 1) How to Stop Gambling Now Change Your Gambling, Change Your Life: Strategies for Managing Your Gambling and Improving Your Finances, Relationships, and Health Change Your Gambling, Change Your Life: Strategies for Managing Your Gambling and Improving Your Finances, Relationships, and Health (Harvard Health Publications) GAMBLING ADDICTION: Overcome Gambling Compulsion Today! Beat the Gambling Obsession: How to Overcome Problem Gambling Quit Smoking: Naturally: How To Break Free From Nicotine Addiction For Life Without Side Effects (Stop The Smoking Habit Permanently, The Easy Way, No ... Smoking Hypnosis, Stop Smoking Now, Cancer) Quit Smoking Now and Forever: Methods to Quit Smoking And Live A Healthier Life (Quit Smoking, Stop Smoking Forever, Stop Smoking Addiction, Quit Smoking ... Methods to Quit Smoking, Healthier Life) Stop Drinking Now: The Easy Way To Stop Drinking (quit drinking Book 1) The Easy Way to Stop Gambling The Easy Way to Stop Gambling: Take Control of Your Life

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